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FORT ERIE/ PORT COLBORNE/ RIDGEWAY

Fort Erie Secondary School 7 Tait Ave., Fort Erie fess.dsbn.org Wednesday, November 19 6:30 – 8:30 p.m. Port Colborne High School

Port Colborne High School
211 Elgin St., Port Colborne
porthigh.dsbn.org
Thursday, November 20
6:00 p.m.
Ridgeway - Crystal Beach

High School S76 Ridge Rd., Ridgeway ridgewayhs.dsbn.org Wednesday, November 19 5:00 p.m.

GRIMSBY/LINCOLN

Beamsville District Secondary School 4317 Central Ave., Beamsville beamsville.dsbn.org Wednesday, November 19 6:30 p.m.

Grimsby Secondary School S Boulton Ave., Grimsby grimsbyss.dsbn.org Tuesday, November 18 7:00 – 9:00 p.m.

7:00 – 9:00 p.m. South Lincoln High School 260 Canborough St., Smithville southlincoln.dsbn.org Thursday, November 20 6:30 p.m.

NIAGARA FALLS

A.N. Myer Secondary School 6338 O'Neil St., Niagara Falls anmyer.dsbn.org Thursday, November 20 6:30 p.m.

Stamford Collegiate Secondary School 5775 Drummond Rd., Niagara Falls stamford.dsbn.org Tuesday, November 18 6:30 – 8:30 p.m.

Westlane Secondary School S960 Pitton Rd., Niagara Falls westlane.dsbn.org Wednesday, November 19 6:30 p.m.

ST. CATHARINES Eden High School S3S Lake St., St. Catharines eden.dsbn.org Monday, November 17

7:00 p.m.

Governor Simcoe Secondary School
15 Glenview Ave., St. Catharines
govsimcoe, dsbn.org
Thursday, November 20

6:30 p.m.
Laura Secord Secondary School
349 Niagara St., St. Catharines
laurasecord.org
Wednesday, November 19
6:30 – 9:00 p.m.
Registration starts at 6:00 p.m.

Sir Winston Churchill Secondary School 101 Glen Morris Dr., St. Catharines sirwinston.dsbn.org Thursday, November 20

St. Catharines Collegiate Secondary School 34 Catherine Street, St. Catharines collegiate.dsbn.org Monday, November 17

WELLAND / FONTHILL /

6:30 p.m.

6:00 p.m.

THOROLD

Eastdale Secondary School
170 Wellington Street, Welland
eastdale.dsbn.org
Thursday, November 20

7:00 p.m.

E.L. Crossley Secondary School
350 Highway 20, Fonthill
ekrossley.dsbn.org
Thursday, November 20
6:30 p.m.

Thorold Secondary School 50 Ormond St.,N., Thorold tss.dsbn.org Tuesday, November 18 6:30 p.m.

Welland Centennial Secondary School 240 Thorold Rd., W., Welland centennial.dsbn.org Wednesday, November 19 6:30 p.m.

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No Regrets

Vance Badawey wouldn't do anything differently Page 5

thursday, november 6, 2014 ts Holiday Spirit

Woman looking for donations of toys, clothing Page 8



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Drone business takes off



STAFF PHOTO
Scott Tetroe
of SWTIndustries,
holds the
largest dron
model offere
by his Port
Colborne
company.

Colborne company. Please see story page 2.





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UPFRONT

RIZ BUZZ

Job loss propels drone business

Scott Tetroe stands in his front yard, remote control in hand and a big smile on his face. He may look like he's play-

ing around, as he manoeuvres a small aircraft through the sky, but the owner of SWT-Industries is actually hard at work. Though it began as a

hobby, mainly with remotecontrol belicopters and hoats. Tetroe's passion was recently accelerated into a coroor

It was his introduction to drones, as well as a lack of job prospects, that propelled the Port Colborne resident's decision to start his own business building the aircraft in his home-based workshop.

The former welding inspector at John Deere Welland Works lost his job when the company closed its Dain City plant in 2008. Tetroe spent years struggling to find gainful employ-

ment and was eventually referred by Port Cares to Ontario Office Works in Welland, which offers government-funded programming to help entrepreneurs on Ontario Works or those receiving unemployment to get their vision off the ground. In April, he started the program, which runs until December, and launched his

"I'm good with computers, the technical side, but I'm no good with bookkeeping, he says with a laugh. The program, he says, has provided him the business sense he needs to be successful moving forward. Through SWT-Industries,

Scott Tetroe, of SWT-Industries, holds the smallest drone model offered by his Port Colborne company.

DYANNE EIGTN/STAFF BHICTO

Tetroe builds, programs and readies to skyrocket. The ready-to-fly models from Tetroe's Port Colborne sells custom drones in a "I wanted to get on board SWT offers range in size workshop. variety of models, while also before a major company from six inches to six feet. offering repair services and moves in and takes over

the latter of which can carry says the husband and fatherabout 40 pounds of video equipment. "I want to be the guy that The company also offers can build it, maintain it, fix it. video services, including We do everything here." production and editing

"There are just so many

uses for them," the 42-yearold says of the drones, which have been making their mark in a number of industries. The aircraft, he says, are now being used to inspect pipelines in Canada's western provinces and have been used for emergency search and rescue initiatives. With ever-changing

Canadian regulations regarding the new technology, Tetroe says he keeps a watch ful eve on what he can and cannot use drones for. Safety precautions, knowl-

edge of regulations and plenty of practice are key, he

Not flying the device out of sight or too high, and only flying over property where he has permission to do so top his checklist when taking off.

While interest in the company has been growing in Niagara, Tetroe is also hoping to expand SWT's reach to customers across Canada and the globe.

He plans to host local events in the near future to further inform the public about drones and their capabilities.

For more information, visit swt-industries.blogspot.ca. ies.biog

Port Colborne-Wainfleet Chamber of Commerce is hosting its fall business trade show on Thursday, Nov. 6. The free show runs from 4 p.m. to 7:30 p.m. at the Italian Canadian Cultural Centre, 223 Bell St. in Port Colborne and includes

exhibits, samples and demonstrations. Booths can still be reserved by calling 905-732-7515 or e-mailing admin@ newchamber.com.

The Tribune's Biz Buzz column appears every Wednesday. If you have a business tip, send it to maryanne. firth@sunmedia.ca or call 905-684 7251 ext. 1144.



parts replacement.

With the popularity of

grow, Tetroe hopes to make

his mark in the industry as it

drones only expected to







ELECTION

Badawey 'wouldn't do anything different'



Vance Badawey has no regrets. Though his bid to become Port Colborne's regional councillor was unsuccessful Monday night, he stands behind his decision to not seek re-election as the lakeside city's

Incumbent David Barrick defeated Badawey 3,725 votes to 3,163 to claim the regional seat. Former Liberal MP John Maloney was elected Port Colborne's new

mayor.
"It's like I said to my team (Monday) night.
You can't look at the glass half empty," Badswey said Theydry.

"Seventeen years. We've had a great ride. We've accomplished a lot and we should be proud of that."

Badawey served 14 years as Port Colborne's mayor, in 2003, after two consecutive terms in the mayor's seat, he made an unsuccessful bid to become the member of provincial parliament in what was then the Erie-Lincoln riding. He was re-elected as the lakeside city's mayor in 2008, a position he has held since. In analyzing his most recent campaign,

Badawey said he "wouldn't do anything different."

He did, however, admit that his "very heavy schedule" did prevent him from "hitting all the doors I wanted to." Through the campaign, his focus

remained on continuing without interruption the work he's been doing at both the

municipal and regional levels.

In a l'ribune interview Friday, Badawey for the first time publicly declared his intentions to seek the regional chair position, which is no longer possible due to a policy adouted in 2018 that ensures the option is

adopted in 2013 that ensures the position is filled by a regional councillor. Prior to the policy adoption, anyone could put their name forward to become regional

chair.
"I did support that then and I still support it now," Badawey said.

Asked if he had any intentions of throwing his hat into the ring to become the city's representative for the 2015 federal election, Badawey replied: "Right now, I just need

Badawey replied: "Right now, I just need some time." Badawey sald he always strives to leave things better than how he found them. He believes during his time in the mayor's seat his team of city hall staff and volunteers were

successful in doing that in Port Colborne.
"It's all about working together as a community to ensure we leave it better than we found it."

Though his role will change going forward. Backways said his involvement in the

ward, Badawey said his involvement in the lakeside city will not end.

> maryanne.firth@sunmedia.ca Twitter:@mfirthTribune





SUBMITTED PHOTO Vance Badawey

Thank you Port Colborne for once again placing your trust in me. It is an honour, privilege and responsibility that I do not take lightly. I pledge to respect your hard earned tax dollars and ensure that Port Colborne gets its fair share.



BARRICK REGIONAL COUNCILIOR

INPORTANEWS 228 East Main Street, Welland, Ontario, L3B 5P5

Published by InPort News, Sun Media Corp. Tel: 905-732-2414 Fax: 905-732-3660

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GRANT RANT!#*&*!!

'Social experiment' videos sometimes of value

By now, if you are the sort (like me)
who watches a lot of YouTube, you've likely seen the growing number of "social experiment" videos that have been popping up over the last year or so.

Now, when I say "social experiment," I am not suggesting these are at all, in anyway, scientific. In most cases, they a less scientific than most election polls and we know how accurate those have been

For the most part, these videos are designed, not to catalogue a social phenomenon, but to conjure up a visceral emotional response. There are several about poverty that are particularly effective in this regard. A Norway children's centre has a video titled "Would you give your lacket to Johannes" (www.youtube.com/ watch?v=L9O8j9OPZc8) that is sure to

bring a tear to your eye. More recently, following the Islamist inspired murders in Quebec and Ottawa, a university student filmed an "experiment" with one actor being a racist jerk to another dressed in traditional Muslim clothing to

gauge the reaction of people standing by. Most people shouted down the "racist," including one guy who hauled off and

punched him in the face. Of course, we learned nothing from this particular effort because we already have a real life example of Canadians rallying behind their brothers and sisters. Residents of Ottawa helped out a local mosque that was vandalized after the Parliament Hill shooting. The video merely confirms what we already know about ourselves as a

There is another social experiment video, though, that may actually show us

something of value. The people at Rob Bliss Creative wanted to take a look at street-level barassment of women and filmed an actress walking silently through New York City for 10 hours. She was dressed in a plain black T-shirt and jeans and did not speak to anyone. She just went for a stroll

(Watch the video here: http://www.youtube.com/watch?v=b1XGPvbWn0A) The result was a rather uncomfortable little film. Some of the comments tossed

lot of hellos, how are yous and have a good

But there were a lot of straight-up ugly advances, insults and derogatory com ments launched at her. A few men got agitated when the actress did not acknowledge they had just shouted out that she was "beautiful," as though she was violating some kind of sacred social convention to respond to the advances of strange men. (Guess what fellas, she isn't obligated to talk to you, and getting angry about it is

just a level of stupid that burns.) More than one man, when she did not respond to these caveman advances, actually followed her down the street, escalated

their harassment to truly stalkerish lovole "You don't want to talk? Because I'm ugly?" said one delusional Casanova who

followed the actress. "We can't be friends, nothing?" No, dullstone, you can't. If someone doesn't want to talk to you, they don't have to and chasing them down the street just

In total, the filmmakers said they recorded more than 100 insistences of harassment during those 10 hours. No, this is not scientific strictly speaking, but it is telling.

Maybe my mother just raised me right, or maybe I am something of a social dinosaur, but this sort of troglodyte behaviour is poor form to say the least.

There are those who will argue that she should have smiled, or said thank you or whatever. Those who think that are wronger than a three dollar bill I have yet to meet a women who is a

fan of being shouted at by strangers while going about their business, particularly strangers who get angry when their advances are ignored. It would be interesting to do the same

thing in Toronto, or even in Niagara, just to make the point. But even so, if you're the type to do this sort of thing, stop it. Would you want someone barking like that to your

mother, sister, best friend or wife? No? Then why would you do it?







Shipwrecks — Lyminge

For OMI Agency Niagara

The 123.81-metre-long Lymings, a British cargo ship, was built at Dundee,

Scotland, in 1967 The vessel sailed under the British flag for It returned from time to time before being

Constants Ltd. and made one trip through the St. Lawrence Seaway during its first year. sold to Yugoslavian interests in 1975. The ship was then renamed Krpani and

returned to the Great Lakes in 1976. The 4,980 gross tonne freighter could carry up to 7.500 tonnes at saltwater draft and this was bandled in the four cargo holds. The name was changed to Rapan in 1989 with registry in Malta and then it became Pan for Theseus Maritime Ltd., also Maltese flag, in 1994.

Pan went aground near Gibraltar on Feb. 15, 1996, and became a total loss. Efforts to

salvage the ship failed and the hull had to be broken up for scrap where it came ashore.





I vminge pictured in Montreal in May 1970.

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Poppy campaigns launch Friday

Pelham, Port Colborne and Welland branches of the Royal Canadian Legior will each launch their annual poppy ampaigns Friday

The symbolic flower pins will be available at businesses and schools throughout the communities in exchange for donations that support veterans' needs. In addition to offering 12,000 poppies, Branch 613 in Fonthill

is also selling poppy-patterned bracelets for \$2 and Support Our Troops car magnets for \$5. All proceeds will support local



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Thank You Port Colborne!



May I take this opportunity to express my sincere appreciation to all those that supported our run for Regional Council and to the residents of Port Colborne for 17 wonderful years representing you as a City Councillor, Mayor and Regional Councillor.

It truly was an honour and privilege to have worked with a team at the city, the

region, our residents, businesses and our many volunteers. Each and every one of you continues to make a positive difference toward building a stronger community.

I offer congratulations and best wishes to those that will lead our community and the region in the future.

Vance Badawey













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COMMUNITY: Donations of gently used items wanted for free Christmas event

Green ELFS in need of toys

MARYANNE FIRTH OMI Agency Niagara

Forget your wallet at home. For this Christmas shopping experience, all you'll need is a hag filled with canned goods.

canned goods.
Niagara Region Helping
Green ELFS' (Ever Loving
Family Support) annual Family Free Christmas Shopping
Event, which returns to Port
Colhorne's Guild Hall Nov.
22, allows shoppers to pick
out gently used items free of
charge in exchange for nonperishable food items for Port

But before the festivities get underway, donations of new or gently used clothing, toys, sporting goods, linens and other items are needed to stock the shelves.

Donations are accepted at the home of organizer Lisa Green, 1 Bishop Rd in Welland, as well as a number of locations in St. Catharines, Niagara Falls and Thorold.

An advance Port Colborne drop-off location is still heing sought. Donations can be dropped off at The Guild Hall on the day of the event from 8 a.m. to noon. Shoppers will be invited in

from 2 p.m. to 5 p.m.
To volunteer for the event, schedule a pickup or for more information on drop-off locations, e-mail greenfamworld@gmail.com or call 905-735-

While there is no cost to participate in the event—
also featuring free treats, hot chocolate, a craft table, face painting and live entertainment by The Music Depot—
people are asked to register in advance online at helping-

greenelfs.webs.com.

More than 200 families have
aiready registered. Though the
event is held in Port Colborne,
people from across the region
are encouraged to attend.

The 2013 event drew more than 2,000 people and collected nearly 4,000 pounds of food for Port Cares.

Donations have begun to roll in, but Green said toys are still "desperately" needed,



MARYANNE FIRTH/STAFF PA

Niagara Region Helping Green ELFS founder Lisa Green, right, and her family, from left, Geoff, Riddian, Hunter and Syler Green, are collecting donations of toys, clothing and other items for the annual Family Free Christmas Shopping Event, held Nov. 22 in Port Colborne.

particularly those geared toward children aged five to 10, as well as winter coats and sporting goods, such as Books are in abundance for the sale, with a business donating enough to fill an 1,100-square-foot storage Green encouraged people to donate what they can to support the cause and ease the financial difficulties many families face around the holi-

The event, she added, is a prime opportunity for children to do their Christmas shopping while also learning

the important lesson of giving back to the community.

maryanne.firth@sunmedia.ca

Less info on criminal background checks

ROB HOULE QMI Agency Niagara

If you did something foolish in your youth for which police became involved but it didn't result in a conviction, you no longer need to warry it will come back to limit your job prospects.

Niagara Regional Police have recently modified what it will reveal in individual criminal background checks, stepping in line with the revised protocol set out by the Ontario Association of Chiefs of Police.

Anne Hepplewhite, NRP manager of corporate records and information management, said the changes stem from consultations with groups like the John Howard Society and Canadian Civil Liberties Association "to address issues people were bringing forward regarding having non-conviction information appearing on their criminal background check that was pre-

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venting them from getting jobs." "The classic example would be a young adult makes a mistake, shoplifts at a store, gets processed by some other means that they don't get a criminal record, they're given a warning. however, because it's considered a negative contact with police, it would be showing up on a crim-

inal background check," Hepplewhite said. The change in policy has the full support of the head of the John Howard Society of Nia-

"If there's anything on a police check it can make perfectly innocent, harmless folk seem suspicious," executive director Jay Gemmell said. "If it costs them a job, I think that's wrong. "If you support the legal sys-

vulnerable people in society." Background checks will also no longer include non-criminal tem, then you have to believe that it works, and if it works, at dealings police have with peothe back end of it if there's no ple as a result of a mental-health conviction, then why should

that be out there for people to see? Your situation has been tested by the system and found to be without conviction."

Non-conviction records will no longer be released except under exceptional circumstances, Hepplewhite said, citing as an example a case in which charges are withdrawn against an alleged sexual predator because the victim is a nonverbal child unable to testify in

will be guided in cases such as that by a public-safety disclosure assessment tool. "It has to be shown to be predatory behaviour against a vulnerable person," she said. "The idea is to protect the most

court. Hepplewhite said police cautioned.

You wouldn't pick up a police check and expect to see that five years ago I had a heart

attack?" Gemmell said. "I think in all bonesty that there's a fair comparative to be made there Hepplewhite said a clear background check isn't a "green light" from police an individual

is a "good person." "It doesn't replace those really good, stringent recruitment and reference-checking activities that employers really still need to go through," Hepplewhite

> rob.houle@sunmedia.ca Twitter: @RobH Standard

CRIMINAL BACKGROUND CHECKS other times):

■ Niagara Regional Police perform approximately 30.000 background checks

the cost is \$45 for an employment background check and \$15 for a background check on someone looking to

volunteer the busiest times for requests for background checks are August to November, where the wait time can be five weeks (the standard is two weeks at

examples of people requiring a background check: teachers, nurses, workers in long-term care facilities, personal support workers, day-care workers, students on work placements, coaches;

to request a background check, go to NRP headquarters at 68 Church St. in St. Catharines or, if over the age of 21, online at www. policesolutions.ca/checks/ services/niagara





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Income splitting tax break for families

OMI Apency Niapara

The Conservative government claims their incomesplitting package of tax breaks will help families in Canada, but critics of the plan say most households will receive nothing because the majority of people don't fit the criteria.

On Thursday, Prime Minister Stephen Harper announced a scaled-down version of his party's 2011 campaign commitment to allow income-splitting by parents with children under

the age of 18 and an expansion of the universal child-care ben-

> When that election promise was made, it was contingent on the federal books being balanced. Earlier this month, the prime minister said the budget will not be balanced this year.

The "family tax cut" will allow an eligible taxpayer to transfer up to \$50,000 of income to his or her spouse for tax pur-poses in order to collect a nonrefundable tax credit of up to \$2,000 per year. In addition, the

delivers \$100 cheques every month to families for each child under six will increase to \$160.

"This is a combination of a couple of things," said Rob Nicholson, defence minister and MP for Niagara Falls. "It allows the higher

income spouse to transfer taxable income to the spouse that is presumably staying at home, and as well there are increased benefits for everyone who has children under the age of 18. People with children under the age of six will get an increase in their bene-fit to \$160 per month for each child. And there's something new, \$60 per month for chil dren aged six through 17. Nicholson said the Con-

servative government believes families are a priority and they are also doubling the child fitness tax credit, which goes from \$500 to \$1,000. The minister said the coun-

try's finances are on track and the government will be able to manage the latest tax breaks. "We have worked very well at reducing the deficit, but it is one of the things we did talk about at the last election and we are moving forward on it," he added.

Betty-Lou Souter, chief executive officer for Community Care of St. Catharines and Thorold, said the tax breaks will do more to help those who are in the higher income bracket than those with less 'It won't help people who

are in poverty because their income threshold isn't where it needs to be, but what they have done that is positive is the child tax benefit. Every little bit helps and hopefully that will help some people," said Souter. "In terms of incomesplitting, we have a lot of single parents and many peo-

income

ple who are not making anywhere near the kind of money that it will take for it to be of henefit

The Broadbent Institute, an independent and non-

partisan organization in Ottawa, says 89.9% of Canadian households will not benefit from the income-splitting scheme. One in five families have single parents and three in 10 families have partners who are in the same tax bracket

"The Conservatives are trying to put lipstick on a pig. The greatest benefits would still go to the highest income earners with stay-at-home spouses, but would do little for lowincome families most in need of support, many of wbom earn too little to receive the benefit," said Rick Smith, the institute's executive director.



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Veterinarian recognized for work with animals on reserve

Tribune Staff

care for animals at the Welland and District Humane Society has been given a

national award for her work. Tammy Hornak, who started an animal rescue charity called Canon's Cause seven years ago, was named the first recipient of the Pets Plus US

Community Outreach Award. *She has done some tremendous work with the First Nations," said Randy Valpy, who heads up the Oakvillebased pet insurance company Pets Phys Us.

There were seven awards

across Canada this year. More than 160 nominations were A veterinarian who helps entered for the awards and there were 70,000 votes cast in an online poll.

"This is our first year of doing it, but we'll make it an annual thing and make it bigger next year," Valpy said. "I wish we could have handed out 166 awards because the stories were incredible."

Hornak is a veterinarian based in Caledonia but spends one day a week working at the Welland and District Humane Society. She was nominated by OSPCA CEO Kate MacDonald

The Canon's Cause organ-

www.bertietire.com 📂 📼

to find adopters for sick and injured dogs and cats that might not otherwise be able to find homes.

Much of the work has involved animals from the Six Nations of the Grand River. The organization was named after a border collie she rescued that was found with broken back legs and heartworm.

"We use him as our spokesdog because everyone should have the will to live he does in spite of everything he's had to face," Hornak said. For winning the award, Hornak was given a \$1,500 donation from Pets Plus Us for Canon's Cause.



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STAFF PHOTO Veterinarian Tammy Hornak looks over Petra the dog at the Welland and District Humane Society Thursday Hornak

was given a national award for her work caring for animals



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have them

Face the needle to fight the flu

QMI Agency Niagara It's that time of year again -

flushot season While it's not quite flu season, Niagara Region's public health department is encouraging residents to get ahead of the virus by

getting a flu shot as soon as pos-"It takes about two weeks for the influenza vaccination to give you protection. So the earlier you get your vaccination, the

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earlier you're protected," said Mustafa Hirji, a resident physician with the public health

department. The cost of the vaccinations is covered by the Ministry of Health and Long-term Care and is available to anyone from the age of six months and up.

In addition to physicians, trained pharmacists at 2,400 pharmacies across the province can vaccinate people five years of age and older. The region's

public health department will hold a number of clinics where no appointment is necessary.

"The reason it's important (people get vaccinated) is that influence is a disease that affects thousands of people in Canada every year, and getting a vaccination is one of the best things you can do to protect yourself. your children, your parents any of your loved ones," Hirli

Concerns about the safety of

the vaccine or the fear it will give an individual the flu are unfounded. Hirii

"Influenza vaccine will 100% not give you influenza," he said. "It's absolutely not possible."

Those who make those claims, Hirli said, likely contracted another virus that exhibited similar symptoms to the flu or "were one of the unlucky ones where it didn't protect them from get-ting influenza. But they still got some protection, because it was milder." The vaccine contains no live virus

Hirii said, and is created from a dead virus and some proteins. Once injected, the body's immune system sees the proteins as foreign invaders and kills them. The immune system then builds up a memory of that

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foreign invader and will kill it should it enter the body again.

nated will not get influenza," Hirji said. "Of the people who still get influenza, for the most part they're going to get a milder form of influenza, so they will he less ill." Ontario's interim chief medical officer of health encourages all Ontarians to get vaccinated.

"Influenza is a preventable acute res-

"I kind of think of this as working

out," Hirji sald. "You go lift weights

not because you need to go lift those

weights, but to build up your muscles

so when you do need the muscles you

some proteins that look like the influ-

enza virus to fight, so that when the

influenza virus does come along your

Getting vaccinated is not a guarantee

"Sadly, nothing is 100% guaranteed

in life and that includes the vaccina-

tion, but most people who get vacci-

immune system is ready to fight.

you won't get the flu.

"This is the same — we're giving you

piratory illness that for some Ontarians can cause hospitalization and even death," Dr. David Mowat said in a news release. "I urge all Ontarians to protect themselves and get the flu shot - particularly children and seniors, who are the most vulnerable to serious complications?

For a list of Niagara Region's vaccination clinics, go to www.niagararegiona.ca/health



IAN KUCERAK OMI AGENCY The Ministry of Health and Long term Care is encouraging Ontarians to get a free flu shot

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Police warn about dangers of car vs. deer collisions

fribune Staff Chuck Taylor will never forget the

feeling of driving blind when his car slammed into a deer while driving on a rural Niagara Falls road. "It happened so fast. You might think

you can take evasive action, but there just isn't time," he said. Taylor knows his crash could have

heen much worse It was 8 p.m. on a fall evening and when his car hit the deer, it blew out his headlights and ripped the hood from its

latch, causing it to flip up and cover the windshield "I was still moving, but totally blind," Taylor said. "It was a sickening sound and feeling. For an instant, I thought that it was a person." Collisions involving alcohol, distracted

driving or sleepy drivers can often be avoided with education and responsible drivers Crashes involving deer and other wildlife, however, are far more difficult

"Those kinds of crashes are very hard to predict and avoid. The hardest part is they just dart in front of cars," said Staff

Sgt. Ian Idzenga of the Ontario Provincial Police Niagara detachment. On Friday, a deer collided with a car

carrying a woman and her two-monthold baby in West Lincoln. There were no serious injuries, but the baby received some cuts from broken glass.

good state

The passenger of an SUV in London seven weeks ago wasn't so lucky. A 67-year-old woman was killed when a deer that had been struck by an SUV travelling in the opposite direction crashed through the windshield in front

of her. Idzenga said in 2013 there were 197 collisions involving vehicles and deer or other animals on OPP-patrolled highways in Niagara. That was on pace with the annual average of around 200 crashes of that type. Niagara Regional

Police do not specifically track data on collisions involving animals. Hitting a deer can cause extensive damage to a vehicle and could result

in serious injuries to the occupants. Idzenga said. The worst areas for these types of col-

lisions are the smaller highways surrounded by large treed areas such as Hwv. 140, Hwv. 3 and Hwv. 58. But sometimes "you find them in areas you totally wouldn't expect

them," he said. "Even in the built-up areas, you'd be surprised where you see

The crashes typically happen from early evening and through the night, but as Friday's daytime collision in West Lincoln proved, deer and other wild animals can dart into oncoming traffic at any time

"It's a situation people have to be mindful of," he said. "It's very tough to avoid, but when you're driving down

the highway where there are areas of forest and grazing areas. you want to slow down and glance down the shoulders and fence lines."

distracted is also important.

Idzenga said the closer to the speed limit drivers are travelling, the more likely they are to avoid hitting a deer. Not driving while "It makes a difference because you have more reaction time."

Also important to realize is deer typically travel in groups. "There are going to be more than one. If you see one and avoid it, don't think you're safe."

he said. When it comes to smaller animals like squirrels, chipmunks or cats, Idzenga said swerving to avoid them could have devastating consequences.

If you swerve to avoid an animal and go into ongoing traffic and hit another car, you can imagine what the outcome will be," he said. "You're best to hold your course and hang on tight. You don't want to kill things, but sometimes you have to stay in control.

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#NIAGARAVOTES

Advanced polls up but turnout down

Tribune Staff

Strong turnouts at advanced polls don't necessarily mean good showings on election day. As a matter of fact, what went up across Niagara surely came

down Monday. Such was the case for Welland. which saw voter turnout tank on election day although advanced polling figures were well up. With 37,926 registered voters, lots returned, representing a voter turnout of 35 8%

Welland's turnout has been in a continual decline since the 2000 election, when 55% of electors

Thorold voters, similarly, were anxious to make their choices. Despite a whopping 100% increase in advanced poll turnout for Thorold, its unofficial final turnout is 36.9% - despite a much closer mayor's race there,

decided by 43 votes, and also the lowest turnout for that city in the past five elections.

In Port Colborne, 6,990 of its 15,298 eligible electors cast votes - representing a 45.66% turnout - its lowest since 2000, when turnout was 20 4% when Vance Badawey was acclaimed to a second term as mayor. It had been expected turnout would be up Monday, with Badawey relin-

quishing the mayor's seat a sec-

ond time, for what emerged as a

close battle for regional council — one he

Next door, the majority of eligible voters actually did vote. Wainfleet, which adopted vote-bymail, had 5,846 registered electors and saw 3,066 completed ballots returned.

representing a turnout of 52.45%. "We're pretty happy with it," said town-ship CAO Scott Luey. "We tried to make the election more accessible by vote-by-mail."

In the coming days, he will try to get a better handle on whether turnout was at its highest point for at least the past five elections because of the voting method, or because of the campaigning by candidates. He was hoping to break the 3,000

mark, knowing "there's a certain amount of apathy out there." Continued on Page 16



CITY OF PORT COL BORNE

voted.

NOTICE TO CITIZENS APPOINTMENTS TO BOARDS AND COMMITTEES

The City of Port Colborne is accepting applications from citizens for positions on the following boards and The vacancies ere due to the expiry of current appointments or resignations or insufficient

- applications in response to prior recruitments. Positions are evallable on the following boards/committees
 - Accessibility Advisory Committee Canal Days Advisory Committee
 - Committee of Adjustment Environmental Advisory Committee
 - Heritage Port Colbome (Local Architectural Conservation Advisory Committee)
 - Port Colborne Energy Inc. Port Colborne Fibre Inc.
 - Port Colhome Hydro Inc.

 - Port Colbome Historical and Marine Museum Board
 - Port Colborne Medical Education, Recruitment and Health Services Committee
 - Port Colborne Public Library Board
 - Port Colbome Transit Advisory Committee
 - Property Standards Committee Port Colborne Senior Citizen Advisory Council
 - Livestock Valuer

Appointments to fill expired terms will be for four years. Appointments to fill other vacancies will be for the term of the original eppointment. Incumbent members whose terms are expiring are eligible to apply end to be reaccointed to the same committee provided they maintain the eligibility requirements.

On November 10, 2008, Council adopted a policy respecting appointments to boards and committees. This policy establishes the process relating to the recruitment, selection and appointment of members of the public to boards and committees and the City's expectations of such appointees. The policy requires that the successful applicants consent to the release by the City of their name and personal information relating to their education, qualifications and experience which is pertinent to the appointment. Council will release the name of an unsuccessful applicant only with the written consent of the applicant. Please visit the City's website www.portcolbome.cs to access the full text of the policy and a brief description of the mandate of the above Committees, etc.

Unless the terms of reference of the board/committee provide otherwise, applicants must

- be eighteen years of age or older a qualified municipal elector in the City of Port Colborne
- not be disqualified by the Municipal Act, 2001, Municipal Election Act, 1996 or the Planning Act not be an employee of the City of Port Colborne or the board.

Applicants must provide sufficient information regarding their qualifications and related experience for Council to make an informed decision. The standard form of application is available on the City's website end/or from the Clerk's Office.

Applications in person, by e-mail or regular mail will be received by the undersigned up to and including

Ashley Grigg, City Clerk

City Hall, 66 Charlotte Street Port Colborne, Ontario L3K 3C8 ashleygrigg@portcolbome.ca (905) 835-2900 ext. 106

Personal information is collected under authority of the Municipal Act, 2001 and pursuant to the Municipal Freedom of Information and Protection of Privacy Act and will be used only to evaluate the suitability of applicants. Questions respecting the collection of information should be directed to the Clerk of the City of Port Colborne.

Niagara voter turnout for the past five elections

Fort Erie	2000 29.0	2003 34.0	2006 37.0	2010 41.0	2014 43.7
Grimsby	46.1	47.3	44.8	39.0	42.4
Lincoln 33.4	35.8	34.0	37.0	37.5	
Niagara Falls	40.3	47.8	41.3	43.0	36.7
NOTL	NA	44.0	47.0	49.0	48.5
Pelham	42.5	49.4	48.6	45.0	43.93
Port Colborne	29.4	49.6	51.7	51.0	45.66
St. Catharines	27.0	29.7	40.7	31.0	34.3
Thorold	47.6	39.0	40.7	40.0	36.9
Wainfleet	43.6	33.6	43.4	49.0	52.45
Welland	55.0	44.8	42.4	41.0	35.8
West Lincoln	38.8	39.3	37.3	37.0	37.46





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Early returns slump on election day

From Page 14

In Pelham, based only on the 6,076 votes cast for mayor, turnout was 43.93%, said clerk Nancy Bozzato of a figure down only slightly from 2010.

though.

All "final" numbers are not yet official.

yet official.

And people who try to do a comparison of numbers between votes cast for mayoral races and for council candi-

dates should be reminded that voters do not always choose a mayoral candidate or those running for municipal councils or school boards. As one example, of the 6,990 ballots cast in Port Colborne, 48 were

returned without a registering selection for mayor.

In some cases, candidates will encourage their supporters to "plunk"

vote only for them to better their chances of winning a seat.
 Elsewhere in the region, where another strong mayoral race had been shaping up, St. Catharines voter

turnout was at 34.3%, up from 31% in 2010. "But that's still pretty abysmal," said David Siegel, a Brock University poltics professor who bas done much

study on Niagara's elections.

He said many municipal clerks
he spoke to prior to Monday indicated that in recent years' elections,
voter turnout has been increasing at

advanced polls.

He said some have gone as far as to encourage early voting — which he's against, although admitted he did so

himself for convenience sake.
"I think there's a reason we have an election campaign," he said, suggest-

ing candidates should be given that full period to get their messages to

voters.
Turnout in Niagara Falls was 36.7%
— a low figure for a municipality that
generally breaks the 40% threshold,
and which for this election saw a 9%
spike in early voting. It was there that
Jim Diodati was re-elected with 17,988
votes compared to the 1,931 votes of
the second-placed finisher of three

challengers."
"The increase in turnout at the advanced polls was, obviously, offset by the voting day," said city clerk Dean

Iorfida.

"As weather wasn't a factor (Monday), I would surmise that our low turnout was due to a less than competitive mayor's race, which often drives turnout."

Such was not the case for Thorold greg.furminger@sunmedia.ca Twitter: @GresAlTheTrib





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Halloween party leads to fire call

A fog machine used for a Halloween event at a Welland public school resulted in a few scary moments Friday morning. Just after 10 a.m. Friday, a fog machine being used for a Halloween party at Ross School on Niagara St. in Welland set off the school's smoke alarms. The Welland Fire Departmen responded and the school's staff and 200 students all headed outside

Principal Patti Lott said the fire department made sure everything was fine and then the kids headed back inside to resume their Halloween activities

Abandoned building burns down Police are investigating after a vacant farm house in West Lincoln

burned to the ground late Thursday Niagara Regional Police

spokesman Const. Derek Watson said the West Lincoln Fire Department was called to a singlestorey house on Concession Rd. 5 at 10:40 p.m. and arrived to find the empty building fully engulfed in flames. There were no injuries, but the farm house, which had been vacant for about 20 years, was completely destroyed Watson said the blaze is



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Pharmacists

LAXATIVES AND CONSTIPATION

Very rarely does a day go by where there isn't a question about constitution from a patient stopping by the pharmacy. Most patients want to know what they should take that is available without a prescription.

Constigation is a symptom that occurs when waste moves too slowly through the body, resulting in stool that is dry and hard. This often makes it difficult and painful to pass.

Some medications such as antideoressants, water nilts, and certain pain killers (such as Oxycontin and Codeine) may cause constination.

The frequency of bowel movements varies from person to person, from as little as twice a week to a couple of times a day, and is affected by diet, medications, and exercise.

If you are having trouble going to the washroom, the first thing a pharmacist will usually recommend is increasing the amount of fibre in the diet by eating whole grains, fruits and regetables. In addition, drinking at least 8 glasses of water will minimize constigation.

If these suggestions do not work, there are several options available to you. For short-term treatment of constigation, (if you haven't been to the washroom in several days),

a saline laxative such as Milk of Magnesia can be tried. Alternatively glycerin suppositories work quite well. If symptoms still do not resolve you could consider an enema with the advice of your Stimutant laxatives such as Dulcolax and Senokot can also be used to maintain regularity. If you

are on long term narcotic therapy you may need to take these types of medications as long as you are taking the narcotics. For long-term treatment of constigation, bulk-forming agents such as Metamucil or Prodiem

Plain can be used. These bulk-forming agents increase the stool weight, allowing the stool to pass through the body faster and cause more frequent bowel movements. These agents typically take about 12-72 hours to take effect and are usually safe to use for long periods of time. When taking bulk-forming agents, it is recommended to drink lots of fluid. For young children there are a few options. For immediate relief a pediatric glycerin suppository

can be tried. For chronic long term management PEG 3350 is often prescribed, or is available over-the-counter as LAX-A-Day. You should consult your family doctor however if you want to try an oral medication for a child suffering from chronic constipation.

If you are not having trouble going to the washroom, but you find the stool to be too hard and painful to pass, the pharmacist may recommend a stool softener such as Colace (docusate sodium) that will soften the stool for increased comfort

Before deciding on a therapy, talk to a pharmacist and they can help you decide on a treat that is right for you.

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Former dental office worker facing fraud charges

A former employee of a dental office is facing fraud charges after a police investigation that started in March.

Niagara Regional Police said

in a release Wednesday the service received a complaint from an unidentified Niagaraon-the-Lake dental office on March 14 regarding a suspected fraud by a former

employee. Following an investigation by the NRP's central fraud unit, Julie Dickson, 39, was arrested Wednesday and charged with two counters of

fraud over \$5,000 and one count of falsifying books and documents. She was being held in custody pending a bail

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New Carousel Players AD

Carousel Players has a ew artistic director. The St. Catharines touring company for young audiences, currently in its 43rd season, has chosen Jessica Carmichael to be its next AD. She replaces Pablo Felices Luna, who departs the company in November. He has been AD since 2007. Carmichael, a director, actor, dramaturge and drama instructor, comes to Carousel from her most recent position as the artistic associate at Native Earth Performing Arts in Toronto. Carmichael begins as artistic director at Carousel Players in February.

"I am honoured by this opportunity to devote myself to an organization artistically vital to young audiences," Carmichael said in a release. "I look forward to developing and making theatre that is exciting, accessible and reflective of our youth's experiences."

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PORT COLBORNE

Memorial bench honours crash victim

OMI Agency Niagara

There's a reason the new wooden bench near the Mellanby Ave. bridge in Port Colbome is at a distinct angle. It's the same reason Susan Mack will make a point of visiting the bench on a regular basis.

Rather than facing the Welland Canal, the bench unveiled Saturday is intentionally angled to let those sitting on it to stare directly at the metal lift bridge.

It was at that bridge six years ago where Susan Mack's 24-year-old son, Josh, died when the car he was driving crashed through a barrier and went into the Welland Canal while the deck was raised.

On Saturday, se wet enowflakes rained down, a tearyeyed Mack and Josh's father, Adam Mack, pulled a cover off of a memorial plate in their son's name on the new bonch

"It's meant to be a place of peace and reflection just to honour Josh's memory so nobody ever forgets, because I'll never forget," Susan said. "My grief doesn't end, but this is what I believe is a positive step for me. You can't describe how it feels to lose a child and there's no one who could understand that, but someone who has been through

After Josh's death on Aug. 7, 2008, the family worked for barrier installed at the Mellanby Ave. canal crossing

"My son died needlessly at this bridge and I worked extremely hard to get the St. Lawrence Seaway to renovate

that bridge because my son should never had died there. "Had this restraining gate been up when he died, he would

have just had an accident," said Adam Mack said the new memorial celebrates his son's "life and not his death," but also

the safety improvements "They improved the bridge so it's a safer place for people to travel. It was very unsafe that night when he met his demise,"

However, Adam said he believes more should be done along the edges of the canal that

"There's a lot of tourist traffic along the canal and if someone comes along here at night ... this is an accident waiting to hap-

pen," he said. Josh's friend Corey Simon said the Ridgeway man's mem-

ory lives in other ways, as well. "As much as he did in life, his legacy lives on He's continually given back," he said, referring to a fundraising golf tournament and a high school scholarship in

DAN DAKIN / ONLAGENCY NUAGARA

Susan Mack takes down memorial flowers for her son Josh in front of the Mellanby Ave, bridge in Port Colborne Saturday, A bench was installed nearby in memory of Josh Mack, who died at the site in 2008

GENERAL CONTRÁCTING

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Anna Latham - Ragional Office Managar anna.latham@sunmedia.ca

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THE CORPORATION OF THE TOWNSHIP OF WAINFLEET

The Corporation of the Township of Wainfleet seeks applications from Township residents who would be interested in being a member of any of the following committees:

- Committee of Adjustment/Fenceviewer/Property Standards Committee (5 positions available)
- Library Board (4 positions available)

Application forms are available on the Township's website (www.wainfleet. ca) or at the Municipal Office during regular business hours (8:30 a.m. to 4:30 p.m.).

Completed application forms may be submitted to the Municipal Office by personal delivery, post, email, or fax to the attention of Mr. Scott Luey, CAO/ Clerk (contact information provided below) no later than 4:30 p.m. on Friday. November 28th, 2014.

Scott Luev, CAO/Clerk Township of Wainfleet P.O. Box 40

31940 Highway #3 Wainfleet, Ontario, LOS 1V0 Ph. (905) 899-3463, ext. 223

Email: sluev@wainfleet.ca Fax: (905) 899-2340

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FIGHT BELLY FAT WITH CLA PLUS & GLUCOSMART by Lorna Vanderhaeghe

If weight loss were as simple as reducing calories and running the treadmill we would all be thin. But weight loss can be effortless when we adopt a new way of eating and take a couple of Health Canada licensed nutritional supplements that get to the root of the weight problem.

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CLA PITIS contains conjugated linoleic acid (CLA) and green tea extract. CLA is a fat that safely melts fat away. In a 90-day, double-blind, placebo-controlled study published in 2000 in the Journal of Nutrition, CLA users taking 5000mg of CLA per day had an average weight reduction of seven pounds and an increase in lean muscle with NO diet change. CLA in a dose of 8000mg per day was also given to a group of post menopausal women and they lost weight with no diet change. Just think if they would have eaten a fat burning diet too! CLA PLUS also contains green

When you purchase Glucosmart you will receive my book A Smart Women's Guide to Weight Loss FREE (a \$24.95 value). www.hormonehelb.com tea extract to super charge weight loss and rev up fat burning by enhancing metabolism.

Belly Fat Busting GLUCOsmart

Belly fat is a stubborn problem. No end of sit-ups and crunches make it disappear. We know that insulin is implicated in belly fat weight gain in both men and women. Elevated insulin promotes weight gain, diabetes and excess belly fat. Skin tags are an early sign of pre-diabetes. Thankfully, busting belly fat and normalizing insulin just got easier. The nutrient Chirositol (pronounced "kur-au-sitol"), found in GLUCOsmart researched

in over 30 studies at the Virginia Medical School. works to keep blood sugar the healthy **GLUCOsmart** range. halts sugar cravings. But GLUCOsmart where really shines is in fighting belly fat in both men and women. Combine CLA PLUS along with GLUCOsmart and drink SLIM-T containing Garcinia and weight loss will be effortless.



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Also, know that our schools have the people, the programs and supports to help you define and achieve your goals.



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